

Getting the COVID-19 Vaccine: A Visual Guide for people with disabilities



Preparing for your COVID-19 Vaccination



COVID can make you very sick.
Vaccines can help keep you
healthy.



When you get your
vaccine, you can take a
support person you trust.



If it makes you feel more
comfortable, you can wear
a headset or bring some-
thing that calms you.



Wear a T-shirt so your arm
is easy for the health worker
to get to.



Think of something fun
you might like to do after
your vaccine.

Getting your COVID-19 Vaccination



Wear a mask if you can, and
when you arrive, sanitize
your hands.



You will talk to a person
to register when
you get there.



You might have to show your
health card, so be sure to
have it with you.



After you register you might have to wait until it's your turn.



When it's your turn, the health-worker will clean off your arm. It might smell funny and feel cold.



The health worker will use a needle to put the vaccine in your arm. It might pinch a little, but it will be over quickly.



Count to five and it will be over.



When the health worker is finished they will put a bandaid on your arm.

After your COVID-19 Vaccination



You will have to stay in the waiting room to make sure you feel OK. The health worker will tell you when it's time to go home.



The health worker will tell you if you should come back for a second vaccination.



Your arm might feel achey for a few days. That's okay. You will feel much better soon.

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